



Red Cross Courses at the University of Notre Dame



Our courses utilize the **American Red Cross Blended Learning First Aid/CPR/AED Program** which combines online (Web-based) lessons with Traditional instructor-led training. Students complete the knowledge portion online at their own pace and convenience. Final exam requires at least an 80% passing grade. They then participate in an abbreviated instructor-led skills session where they practice and demonstrate their skills.

The purpose of the American Red Cross Blended Learning First Aid/CPR/AED Program is to give individuals in the workplace and the community the knowledge and skills necessary to prevent, recognize and provide basic care for injuries and sudden illnesses until advanced medical personnel arrive and take over.

CPR covers what to do for a person who is choking whether conscious or unconscious, if the person is not breathing or has no sign of life, or is having a heart attack.

AED course covers the use of an AED - Automated External Defibrillator. (There are a number now on campus in various buildings besides being used by the ND Security/Police and the Fire Department)

First Aid covers the care of someone injured or suddenly ill until emergency medical help can arrive.

Course Options

Blended Learning: Standard First Aid with CPR/AED—Adult

Blended Learning: Standard First Aid with CPR/AED—Adult and CPR—Child and Infant

Optional Course for the ACE program

You can take the Adult and Child CPR (which meets the new Indiana State standards)

Courses for the Professional Rescuer (First Aid Services Team / Lifeguards / First Responders)

Online CPR/AED for the Professional Rescuer

Online First Aid - Basic

Each of the above courses includes an online component followed by a Skills Practice and Assessment Session.

More information and a demo is at <http://www.redcross.org/websites/nhq.html>

Review Option

For those with current certification: You must review your text material on your own, take the written test, and attend one of the blended learning skill sessions. (Review of the same skills)

Class Schedule and Registration

It is available online at <http://129.74.21.14/firstaid.html> (unless other arrangements made for your group)

Cost for ND faculty, staff, and students is \$20 for Lay Responder level courses.

For further information at Notre Dame contact:

Ruthann Heberle RN: email rheberle@nd.edu or Bro. Louis Hurcik C.S.C. email: lhurcik@nd.edu

For further information in the South Bend Area:

Information for Red Cross programs and courses in the South Bend /St. Joseph County area is available at <http://www.stjoe-redcross.org> or by calling (574)234-0191.