



ENDOMETRIOSIS

Endometriosis is a condition where **the lining of the uterus grows outside the uterus** and cycles with the hormones of the menstrual cycle. This creates scarring in the pelvis, which **can be very painful**.



Symptoms of endometriosis:

- pelvic, back, or backside pain before or during the menstrual period
- very painful menstrual cramps
- pain during sex
- abnormal or heavy menstrual flow
- painful bowel movements, diarrhea, constipation, or other intestinal problems during menstrual periods
- painful urinations or feeling the need to urinate often during menstrual periods
- trouble becoming pregnant

Is there a cure or prevention?

There is no specific cure or prevention of endometriosis, but some hormone therapies may help prevent worsening of symptoms.

Diagnosis:

Endometriosis can only be definitively diagnosed with a laparoscopy (surgery).

Treatment:

The most common treatment is hormonal medication to suppress the endometrial tissue.

When to seek further care:

If you experience any symptoms of endometriosis, call UHS to make an appointment with one of our women's health care providers for evaluation.

Check out the latest updates and more details from **The Mayo Clinic:**

